

Best Life Week 7

Best relationships, Part Four: Relational Expectations

"It is not an enemy who taunts me—I could bear that. It is not my foes who so arrogantly insult me—I could have hidden from them.

¹³ Instead, it is you—my equal, my companion and close friend.

¹⁴ What good fellowship we once enjoyed as we walked together to the house of God."

Psalm 55:12-14 (NLT)

1. Trust _____.

A. _____-based: Contractual.

B. _____-based: Relational.

C. _____-based: Experiential.

2. Trust _____.

A. _____ – demonstrates competence

B. _____ – acts with integrity

C. _____ – cares about others

D. _____ – honors commitments

3. Relationship _____.

A. _____.

B. _____.

C. _____.

1 + 2 = 3

4. Relationship _____. (from May 10 lesson)

A. Supplies.

B. Information.

C. Companionship.

D. Validation.

E. Correction.

F. Intimacy.

(1x2) + 4 = 6

The End: _____.

"Finally, all of you should be of one mind. Sympathize with each other. Love each other as brothers and sisters. Be tenderhearted, and keep a humble attitude. ⁹ Don't repay evil for evil. Don't retaliate with insults when people insult you. Instead, pay them back with a blessing. That is what God has called you to do, and he will grant you his blessing. ¹⁰ For the Scriptures say, "If you want to enjoy life and see many happy days, keep your tongue from speaking evil and your lips from telling lies. ¹¹ Turn away from evil and do good. Search for peace, and work to maintain it. ¹² The eyes of the LORD watch over those who do right, and his ears are open to their prayers..."

1 Peter 3:8-12a (NLT)

Action Steps

☐ I will evaluate my relationships based on trust levels and elements.

☐ I will assess my relational needs in order to align them with relationships in the corresponding trust level.

☐ I will take all the perceived relationship failures (mine and others) to God. List any particular ones: _____

