

Finding Your Happy Place

Week 1: Pursuit of Happiness

I. _____ Pursuit of Happiness.

A. Goal: _____.

B. World Happiness _____.

"Blessedness is the thing which men pretend to pursue...But most mistake the end, and form a wrong notion of happiness; and then no wonder that they miss the way; they choose their own delusions, and court a shadow...Now our Lord Jesus comes to correct this fundamental error, to advance a new hypothesis, and to give us quite another notion of blessedness and blessed people."

Matthew Henry

II. God's _____ Pursuit of Happiness.

"Now when he saw the crowds, he went up on a mountainside and sat down. His disciples came to him, ² and he began to teach them saying, ³ "Blessed are..."

Matthew 5:1-3a (NIV)

A. Goal: _____.

B. The _____ - _____ Happiness Cycle.

1. F _____.

* **Who.**

"Simon Peter answered, "You are the Messiah, the Son of the living God." ¹⁷ Jesus replied, "You are blessed, Simon son of John, because my Father in heaven has revealed this to you. You did not learn this from any human being."

Matthew 16:16-17 (NLT)

* **What.**

"Therefore go and make disciples of all nations..."

Matthew 28:19a (NIV)

2. D _____.

3. S _____.

4. E _____.

"For I can do everything through Christ, who gives me strength."

Philippians 4:13 (NLT)

5. P _____.

6. H _____.

III. Happiness in _____.

"Though he was God, he did not think of equality with God as something to cling to. ⁷ Instead, he gave up his divine privileges; he took the humble position of a slave and was born as a human being. When he appeared in human form, ⁸ he humbled himself in obedience to God and died a criminal's death on a cross. ⁹ Therefore, God elevated him to the place of highest honor and gave him the name above all other names, ¹⁰ that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, ¹¹ and every tongue declare that Jesus Christ is Lord, to the glory of God the Father."

Philippians 2:6-11 (NLT)

Pursuit of Jesus
Results in Happiness

D _____

Foundation
(Discipleship)

S _____

**Christ-Follower
Cycle**

Happiness
(Blessing)

E _____

P _____

