

Finding Your Happy Place

Week 3: Happy are the Sad

"Blessed are those who mourn, for they will be comforted."

Matthew 5:4 (NIV)

Mourn: _____.

Comfort: _____.

1. The Process:

A. Something is _____.

B. Wrong can be made _____.

C. What needs to _____ **to make it right?**

D. _____ **to change.**

E. Comfort in the _____.

2. Primary Application – _____.

A. _____ Repentance.

* _____.

"Therefore let all Israel be assured of this: God has made this Jesus, whom you crucified, both Lord and Christ."³⁷ When the people heard this, they were cut to the heart and said to Peter and the other apostles, "Brothers, what shall we do?"³⁸ Peter replied, "Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit."

Acts 2:36–38 (NIV)

* _____.

"If you love me, you will obey what I command.¹⁶ And I will ask the Father, and he will give you another Counselor to be with you forever—¹⁷ the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you."

John 14:15–17a (NIV)

"But I tell you the truth: It is for your good that I am going away. Unless I go away, the Counselor will not come to you; but if I go, I will send him to you.⁸ When he comes, he will convict the world of guilt in regard to sin and righteousness and judgment...¹³ But when he, the Spirit of truth, comes, he will guide you into all truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come"

John 16:7–8, 13 (NIV).

* **Comfort** _____.

"Those who accepted his message were baptized, and about three thousand were added to their number that day.⁴² They devoted themselves to the apostles' teaching and to the fellowship, to the breaking of bread and to prayer."

Acts 2:41–42 (NIV)

"Oh, what joy for those whose disobedience is forgiven, whose sin is put out of sight!² Yes, what joy for those whose record the LORD has cleared of guilt, whose lives are lived in complete honesty!"

Psalms 32:1–2 (NLT)

* **Excluded.**

"...Healthy people don't need a doctor—sick people do. I have come to call not those who think they are righteous, but those who know they are sinners."

Mark 2:17 (NLT)

B. Continual _____.

"Even now," declares the LORD, "return to me with all your heart, with fasting and weeping and mourning." Rend your heart and not your garments. Return to the LORD your God, for he is gracious and compassionate, slow to anger and abounding in love, and he relents from sending calamity."

Joel 2:12–13 (NIV)

"And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice."

Ephesians 4:30–31 (NIV)

3. Secondary Application – _____.

A. Compassion _____.

"Mourn with those who mourn."

Romans 12:15b (NIV)

"Bear one another's burdens, and so fulfill the law of Christ."

Galatians 6:2 (NKJV)

B. Emotional _____.

"Cast all your cares upon Him, for He cares for you."

1 Peter 5:7

Where do you need to mourn?

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