## **Keeping our Fruit Fresh: Week 3**

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, <sup>23</sup> gentleness, self-control; against such things there is no law. <sup>24</sup> And those who belong to Christ Jesus have crucified the flesh with its passions and desires. <sup>25</sup> If we live by the Spirit, let us also keep in step with the Spirit."

		Galatians 5:22-25 (ESV)
*	qualities: Faithfulnes	ss, Meekness, Self-control
* Faithfulness		
The greatest	of faithfu	ılness is God Himself.
you can bear. B	ll, he will not allow you to But when you are tempted you can stand up under it	
		1 Corinthians 10:13 (NIV)
* Faithfulness	to, leads us t	o do
fear built an ark		s not yet seen, in holy s faith he condemned the ess that is in keeping with
		Hebrews 11:7 (NIV)
* Actions for u	S.	
1. Faithfulnes	s in reading God's Word	every day
2. Faithfulnes	s in public worship	
3. Faithfulnes	s in witness and service	
4. Faithfulnes	s in obedience and giving	J
5. Faithfulnes	s even in suffering	
* MEEKNESS d	oes not mean	It is about
meek abo	says, ve all that were upon the	"Now Moses was very face of the earth."
* MEEKNESS E	XPRESSED in our lives?	?
1. Meekness	s in	·
"What will ye in the spirit o	? shall I come unto you w f meekness?	rith a rod, or in love, and
•		1 Corinthians 4:21 (KJV)

2. Meekness in	·
"Therefore, as God's chosen people, clothe yourselves with compassion, gentleness and patience. <sup>13</sup> Bear with whatever grievances you may have as the Lord forgave you."	kindness, humility, th each other and forgive against one another. Forgive
2 Marshard and Harmatilian in	Colossians 3:12-13 (NIV
3. Meekness or Humility in	
"To speak evil of no man, to be no l all meekness unto all men."	
4. Meekness or Humility in	Titus 3:2 (KJV 
"Who is a wise man and endued wit him shew out of a good conversatio of wisdom."	
5. Meekness in	James 3:13 (KJV
"But let it be the hidden man of the corruptible, even the ornament of a is in the sight of God of great price.	meek and quiet spirit, which
SELF-CONTROL	11000 311 (131
The Greek word is which means "	
SELF-CONTROLED SPIRITUAL LIFE	
1. Do we have spiritual	?
2. Do we discipline ourselves	?
3. Do we seek to	every part of our lives?
4. Do we keep up with our	
5. Do wesubmit to the co	ntrol of Christ and His Spirit
Are you keeping in step with Holy	Spirit or out of step?
Faithfulness:	
Meekness:	
Self- Control:	