

Keeping First Things First

Week 11: Pressure Relief

Sunday, July 16, 2023

1. Pressure of Performance.

"Therefore do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day. ¹⁷ These are a shadow of the things that were to come; the reality, however, is found in Christ."

Colossians 2:16-17 (NIV)

A. Judgement from _____.

"Examine yourselves to see if your faith is genuine. Test yourselves. Surely you know that Jesus Christ is among you; if not, you have failed the test of genuine faith."

2 Corinthians 13:5 (NLT)

B. _____ Reality.

2. Pressure of _____.

"Do not let anyone who delights in false humility and the worship of angels disqualify you for the prize. Such a person goes into great detail about what he has seen, and his unspiritual mind puffs him up with idle notions. ¹⁹ He has lost connection with the Head, from whom the whole body, supported and held together by its ligaments and sinews, grows as God causes it to grow."

Colossians 2:18-19 (NIV)

* **Conforming to falsehood** _____ **conforming to Christ.**

3. Pressure of the _____.

"Since you died with Christ to the basic principles of this world, why, as though you still belonged to it, do you submit to its rules: ²¹ "Do not handle! Do not taste! Do not touch!?" ²² These are all destined to perish with use, because they are based on human commands and teachings. ²³ Such regulations indeed have an appearance of wisdom, with their self-imposed worship, their false humility and their harsh treatment of the body, but they lack any value in restraining sensual indulgence."

Colossians 2:20-23 (NIV)

* _____ **of This World.**

Praying about Pressures: _____
