

Know What You Know
Week 15: Harmony of Heart

Sunday, September 22, 2024

"This then is how we know that we belong to the truth, and how we set our hearts at rest in his presence ²⁰ whenever our hearts condemn us. For God is greater than our hearts, and he knows everything. ²¹ Dear friends, if our hearts do not condemn us, we have confidence before God ²² and receive from him anything we ask, because we obey his commands and do what pleases him. ²³ And this is his command: to believe in the name of his Son, Jesus Christ, and to love one another as he commanded us. ²⁴ Those who obey his commands live in him, and he in them. And this is how we know that he lives in us: We know it by the Spirit he gave us."

1 John 3:19-24 (NIV)

1. What to know: _____.

2. _____ the heart.

A. _____ is the heart?

<https://bibleproject.com/explore/video/lev-heart/>

B. _____ is the heart?

"The heart is deceitful above all things, and desperately sick; who can understand it?"

Jeremiah 17:9 (ESV)

"...It is what comes from inside that defiles you. ²¹ For from within, out of a person's heart, come evil thoughts, sexual immorality, theft, murder, ²² adultery, greed, wickedness, deceit, lustful desires, envy, slander, pride, and foolishness. ²³ All these vile things come from within; they are what defile you."

Mark 7:21b-23 (NLT)

C. _____ is the heart?

3. The _____ heart.

A. Condemnation: Accusations of _____ as proof that I don't _____.

B. Confidence: Trust the _____ of God.

"Therefore, there is now no condemnation for those who are in Christ Jesus."

Romans 8:1 (NIV)

"What, then, shall we say in response to this? If God is for us, who can be against us?"

Romans 8:31 (NIV)

4. The _____ of heart harmony.

A. _____.

B. _____.

C. _____.

"Jesus replied: " 'Love the Lord your God with all your heart and with all your soul and with all your mind.' ³⁸ This is the first and greatest commandment. ³⁹ And the second is like it: 'Love your neighbor as yourself."

Matthew 22:37-39 (NIV)

5. _____ testimony.

"The Spirit himself testifies with our spirit that we are God's children."

Romans 8:16 (NIV)

How is my Heart? _____
